

Yajur Vedi Avani Avittam for the year 2010

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Avani Avittam 24-8-2010(Tuesday)

(Compiled by P.R.Ramachander)

1.Yagnopa veetha dharana manthra

(Manthra for wearing Poonal)

a.Aachamanam:Shuklaam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo partha samastha duritha kshya dwara sri paameshwara
preethyartham

Stroutha smartha vihitha sadachara nithya karmaanushtanaa yogyatha
sidhyartham brhma teja abhivrudyartham yagnopaveetha dharanam
karishye.

d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyoga

Wear Poonal one by one by reciting(poonal should be held by both
hands, the tie in the poonal being held above by the right hand facing
upwards)

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu theja.

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting

Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami
jale punarbrahman varcho deergayurasthu me.

h.Do aachamanam.

Summary meaning: I wear the white yagnopavitha that is purifying ,
which was born along with brahma, which is capable of increasing life .I
am sure this would give glory and strength to me.I am destroying the
dirty , soiled yasgnopavita .

2.Kamo karshet Japam (24-8-2010 morning)

a.Aaachamanam:Shuklaam Bharadharam.....Santhaye

b.Om Bhoo

c.Mamo partha--- Preethyartham

Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaramaami

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha

Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,

Sri Govinda , Govinda, Govinda

Aadhya sri bagavatha mahaa purushasya Vishnor Agnaya ,

Pravarthamanasya , Aadhya brhmana , dweethiya parardhe, swetha

varaha kalpe, , Vaivaswatha manvanthare, ashta vimsathi thame, kali

yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha

kande, Mero dakshine parswe. Asmin varthamane , vyavaharike

prabhavaadheenam sashti samvatsaranaam madhye , Vikruthi nama samvatsare, Dakshinaayane, Varsha rithou, Simha mase, shukla pakshe,

aadhya pournamasyam shubha thidou, Bhouma vasara yukthayam,

Sravishta** nakshatra yukthayam, shubhayoga, shubha karana evam

guna, viseshana visishtaayam, asyam pournamaasyam shubha thidou,

taishyaam pournamaasyam* adhyot sarjana akarana

praayaschithartham , samvatsara praayaschithartham, cha ashtothara

satha samkhyaa "kamo karsheth manyura karsheth" ithi maha manthra

japam karishye.

d.Then chant "Kamo karsheth manyura karsheth namo nama" 108 times

e.Afterwards perform Aachamana and say"Kama manyu upastham

karishye" , Om tat sat brahmaarpanam asthu.

*Pournami is till 10.35 PM IST ** Sravishta Nakshatra is up to 9.04 PM

IST on 24/8/2010 according to the Panchanga.If in any country , you

are performing the japam after 9.04 PM, change Sraviishta to

Sathabhishak nakshtra yukthayam.If you are doing it after 10.35 Pm

IST , change also Pornamasyam Shubha Thidhou to Pradhamyam

Shubha Thidhou .This would be for example applicable in many parts of

USA.This is also applicable to mantras of Maha Sankalpam given below.

Summary meaning:The Brahmin first prays God that the time of doing whatever it may be should become holy and this he is sure is achieved by prayer to God.Then he tells when he is doing this japa, for example which year, which season, which day and so on.And he says that this

japa is being done as a repentance for his not performing various religious duties during the year that he ought to have performed. The main manthra is a prayer to pardon the lapses which were due to Kama (passion) krodha (anger) and lopa (avarice)

3. Maha Samkalpam

(24-8-2010 after Madhyaanikam and Brahma yagnam*)

a. Aachamanam

b. Shuklam baradharam.....

c. Om bhoo

d. Maha samkalpam

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth
pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam ,
karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree
rama Rama rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,
Sri Govinda , Govinda, Govinda

Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya ,
aparimithaya, sakthyya, briyamaanasya, mahaa jaloughasya madhye,
paribrhamatham aneka koti brhmaandanam madhye, eka thame, prithya
aptejo vayvakaasaa ahankaradhi -mahada vyakthai-aavaranaair-
aavruthe- asmin mahathi bramanda-karandaka-madhye aadhara sakthi
-koormaa nandathi ashta diggajopari prathishtithasya , athala-vithala-
suthala-rasaathala-thalaa thala-mahaathala-pathalakyai loka
sapthakasya upari thale, punya kruthaam nivaasabhuthe bhoor –
bhavar-suvar-mahar-janarr-thapa-satyaakhyai loka shatkasya adho
bhage mahaa nalayamana phani raja seshasya sahasra phanaa mani
mandala mandithe, dighdanthi-shunda dhanda-uttambhithe, panchasath
koti yojana vistheerne, lokaloka –achalena valayithe lavaneshu-sura-
sarpi-dhadhi-ksheera-udakaarnavischa parivruthe, jambhu-plaksha-
saka-salmali-kusa-krouncha-pushkarakhyia saptha dweepanaam
madhye, Jamboo dweepe, Bharatha varshe, bharatha kande, prajaapathi
kshetre dandakaaranya-chamapakaaaranya-vindhyaaranya-
veekshaaranya-vedaaranayaadhi, aneka punya aaranyaanam Madhya
pradeshe, karma bhoomou, rama –sethu-kedharayoo madya pradaeshe ,
Bhaageerathi-Gouthami-Krishna veni-Yamuna-Narmadaa-
Thungabadhraa-Triveni-Malaapahaarini-kaveri- ithyadi , aaneka punya
nadhi viraajithe, Indraprastha-Yamaprastha-Aavanthikaapuri-
Hasthinaapuri-Ayodhyaa puri-Maayaa puri-Kasi puri-Kanchi puri-
Dwarakaa aadi aneka punya puree viraajithe Sakala jagat srushta,
parardha dwaya jeevana, bramana dweethiya parardhe, Pancha

sathabdhou, prathame varshe, prathame mase, prathame pakshe, prathame divasae, aahni, dweethiye yame, trithiye muhurthe, swayambhuva-swarochisha-uthama-thamasa-raivatha-chakshu shakheshu, shatsu manusha atheetheshu, sapthame vaivaswathe manvanthare, aashta vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharike prabhavaadheenam sashtya samvatsaranaam madhye , Vikruthi nama samvatsare, Dakshinaayane, Varsha rithou, Simha mase, shukla pakshe, aadhya pournamasyam* shubha thidou, Bhouma vasara yukthayam, Uthrashada** nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam pournamaasyam* shubha thidou, anaadhya vidhya pravarthamane asmin mahathi samsara chakre vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha janithwa kenapi punya karma viseshena idhaanimthana manushye dwijanma visesham prapthavatho mama jjanmabhyasa jjanama prabruthi ethath kshana paryantham , baalye, vayasi kaumare yowane vaardhake cha jagrath swapna sushupthya avasthamsu mano vak kaya karmendriya jnanendriya vyaparai kama-krodha-lobha-moha-madha-mathsaryaadhi sambhavithaanam iha janmani janmanthare cha jnana ajnana kruthaanam maha pathakanaam mahaa patathakanumanthratwadeenam , samapathakaanaam upapaathakaanaam malini karanaanam nindhitha dhana dhaano upa jeevanaadeenam aapathrikarananaam jathi bramsa karaanam vihitha karma thyaagaaadeenam jnanadha sakruth kruthanaam ajnanatha asakruth kruthaanam sarveeshaam papaanam sadhya aapanodhanartham aswatha narayana sannidhou-deva brahmana sannidhou-tryaa trimsath koti devathaa sannidhou-sri visaalakshi sametha visweswara swami sannidhou-mahaa ganapathi sannidhou-seetha lakshmana bharaatha sathrugna-hanumt samedha sri rama chandra swmai sannidhou-sri rukmani sathyabhama samedha sri gopala Krishna swami sannidhou-hari hara puthra swami sannidhou-sri lakshmi narayana swami sannidhou sraavanyaam pournamasyaam adhyopakrama karma karishye.Thadangam sravane pournamasi punyakale sareera shudhartam shuddhodhaka snanam aham karishye Athi krura maha kaya, kalpanthahanopama, Bairavaya namasthubhyam anujnam dathu marhasi *Pournami is till 10.35 PM IST ** Sravishta Nakshatra is up to 9.04 PM IST on 24/8/2010 according to the Panchanga.If in any country , you are performing the japam after 9.04 PM, change Sraviishta to Sathabhishak nakshtra yukthayam.If you are doing it after 10.35 Pm IST , change also Pornamasyam Shubha Thidhou to Pradhamyam Shubha Thidhou .This would be for example applicable in many parts of USA.

Summary meaning: Here again apart from locating oneself with reference to time, one locates himself with reference to place also. We are supposed to live in Jambu Dweepa, Bharatha Kanda which is south of the great mountain Maha meru. Then again this Bharatha Kanda is blessed with many holy rivers and holy places. Then prayer is done to God to pardon sins committed by word, thought and deed, because this was done in spite of his great grace which made us be born as human beings after several wheels of birth. Also the sins performed during several ages in life is highlighted. Some of the sins specifically mentioned are those done while earning money without conscience, giving money to improper people, actions which did not suit the caste we are born in, sins due to non performance of actions which ought to have been done and so on. We pray God and tell him that we would take bath in holy pure water and then start the veda parayanams which is our duty as Brahmin.

4. Yagnopa veetha dharana manthra

After bath again change poonal by reciting manthra as given in s.No.1. Please note that now a days very rarely people take bath after mahaa sankalpam but do prokshana snanam i.e bath by sprinkling of water on the head.

5. Kanda Rishi Tharpanam

1, Achamanam

2, Shklaama baradharam

3. Om bhoo

4. Mamo partha samastha durida kshya dwara sri parameshwata preethyartham sravanyaam pournamaasyam adhyoyapakrama karmangam kanda rishi tharpanam karishye.

Wear poonal as garland and do tharpanam using water mixed with thil (black gingely) and akshatha

Each manthra has to be chanted thrice and tharpanam done.

1. Prajapathim kanda rishim tharpayami

2, Somam kanda rishim tharpayami

3. Agnim kanda rishim tharpayami

4. Viswaan devaan kanda rishim tharpayaami

5. Saahinkeer devatha upanishadha tharpayami

6. Yagnigeer devatha upanishadha tharpayaami

7. Vaaruneer devatha upanishadha tharpayami

8. Brhamanagum swayubhuvam tharpayaami

9. Sadasaspathim tharpayami

wear poonal in the normal fashion and then do achamana.

Summary meaning:Tharpanam means really satisfying.By this tharpanam we satisfy the rishi(sages) of Soma(moon), Agni(fire), Viswaan devan(all gods looking after earth), etc.

5.Vedarambham

Though these are essential part of Avani avittam , I am not giving this because Vedic manthraas are very difficult to transliterate in to English and reading them wrongly would be counter productive.

6.Gaayathri japam (25-8-2010)

For Yajur, Rig and Sama Vedis

1.Achamanam

2,Shuklaam baradharam

3.Om bhoo

4.Mamo partha samastha duritha kshya dwara sri parameshwara preethyartham Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaramaami

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree

rama Rama Shubhe Shobane muhurthe adya Brahmana dwiteeya

paradhe , Swetha varaha kalpe, Vaivaswatha Manvanthare,

Ashtavimsathi thame , Kali yuge, Prathame pade, Jambhu Dwipe,

Bharatha Varshe,Bhartaha Kande, Mero Dakshine Parswe, Sakabdhe,

Asmin Varthamane Vyavaharike, Prabhavadhi Sashti

Samavathsaranaam Madhye, Vikruthi nama Samvathsare ,

Dakshinayane, Varsha Rithou, Simha mase Krishna pakshe aadhya

prathamaayam* shubha thidou Soumya vaasara yukthayaam

sathabishak ** nakshatra yukthayam shubha yoga shubha karana

evam guna viseshana visisishtaayam asyaam prathamaayam shubha

thidou mithyaa theetha prayaschittartham ashtothara sahasra samkya

gayatri maha manthra japam karishye.

Start from Pravasya Rishi brahma.... followed by aayathith

anuvagasya... and then chant the gaythri manthra 1008 times.

Complete with Abhivaadaye and then complete with

Kayena vacha.....

* Prathma is up to 11.02 PM IST from 6.26 AM IST of 25/8/2010

.Afterwards chande to Dwitheeyam shubha thidou

**Shathabishak is up to 12.03 AM on 26/8/2010 IST , afterwards

Poorva Proshtapada Nakshatra yukthayam .

Please compare the time when you are doing japam to IST and do corrections accordingly.

Appendix Brahma Yagnam.

1. Perform Achamanam

2. Face eastern direction and do "Shuklam baradaram...." Followed by pranayamam "om Bhoo..."

3. Mamopartha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

4. Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime

And then chant

Om Bhooo tatsa vithurvarenyam

Om Bhuva Bhargo devasya Dheemahi

Ogum suva Dhiyo yona prachodayath

Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuva Dhiyo yona prachodayath

Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo yona prachodayath

5. Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna Dhathamam

Om Ishe Twoje Thwa vayavasthapayavastha Devo vassavitha prarpayathu sreshtathamaya karmame

Om Agna Aayahi veethaye grunano havyadathaye, ni hotha sadhsi bharhishi

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na

After this recite if possible vedic manthras that you know like Rudram, Chamakam etc

6. Sprinkle water round the head by reciting

Sathyam Thapa sradhayam juhomi

7. Recite three times with folded hands

Om namo brahmane namosthwagnaye nama pruthwyai nama

oshadheebhya namo vaache namo vaachaspathaye namo vishnave

bruhathe karomi.

8. Clean the hands again with water by reciting "vrushtirasi vruschame paapmanamamruthath sathyamupaaga"

Do aachamanam

8. Chant "shuklam baradaram...."

9. Do Pranayamam, "om Bhoo..."

10. Mamopartha samastha duritha kshaya dwara sri parameshwra preethyartham deva-rishi-pithru tharpanam karishye.

11. Touch water and clean your hands

12. Do deva tharpanam through the tip of fingers

1. Bramodaya ye deva than devaan tharpayami

2. Sarvaan devaan tharpayami

3. Sarva deva ganaan tharpayami

4. Sarva deva pathnis tharpayami

5. Sarva deva ganapathnis tharpayami

13, Do rishi tharpanam by wearing yagnopaveetha as garland and pouring out water from the liitle finger

1, Krishna dwaipayanaya ye rishaya than rishin tharpayami

2. Sarvaan risheen tharpayami

3. Sarva rishi ganaan tharpayami

4. Sarve rishi pathnis tharpayami

5, Sarva rishi gana pathnistharpayami

6. Prajapathim kanda rishim tharpayami

7. Somam kanda rishim tharpayami

8. Agnim kanda rishim tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

9. Viswan devan kanda rishin tharpayami

10. Samihithir devatha upanishada tharpayami

11. Yagnigir devatha upanishada tharpayami

12. Varuneer devatha upanishada tharpayami

Put the Yagnopaveetham and pour water by towards the left

13. Havyavaham tharpayami

14. Viswaan devaan kanda rishin tharpayami

Pour water by the bottom of the palm towards self

15. Brahmanam swayambhuvam tharpayami

16. Viswan devan kandarishin tharpayami

17. Arunan kandarishin tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18. Sadaspathim tharpayami

19. Rig vedam tharpayami

20. Yajur Vedam tharpayami

21. Sama Vedam tharpayami

22. Atharvana Vedam tharpayami

23. Ithihasa puranam tharpayami

24. Kalpam tharpayami

14. Only those who have lost their father (others go to step 15) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1.Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

taan pithrun tharpayami,

2. Sarvaan pithrun tharpayami

3. Sarva pithru ganan tharpayami

4. Sarva pithru pathnistharpayami

5. Sarva pithru ganapanthnistharpayami

6.oorjam vahanthi amrutham grutham paya keelaalam parisruyatham swadaastha tharpayatha me pithrun trupyatha, trupyatha, trupyatha

7.Aabrahma sthambha paryantham jagat trupyathu

15.Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahmarpanamasthu

And then do aachamanam.

Brahma yagnam(sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis(sages) and Pithrus(ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

6.Gaayathri japam (25-8-2010)

For Yajur, Rig and Sama Vedis

1.Aachamanam

2,Shuklaam baradharam

3.Om bhoo

4.Mamo partha samastha duritha kshya dwara sri parameshwara preethyartham Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaramaami

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Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree

rama Rama Shubhe Shobane muhurthe adya Brahmana dwiteeya

paradhe , Swetha varaha kalpe, Vaivaswatha Manvanthare,

Ashtavimsathi thame , Kali yuge, Prathame pade, Jambhu Dwipe,

Bharatha Varshe,Bhartaha Kande, Mero Dakshine Parswe, Sakabdhe,

Asmin Varthamane Vyavaharike, Prabhavadhi Sashti

Samavathsaranaam Madhye, Vikruthi nama Samvathsare ,

Dakshinayane, Varsha Rithou, Simha mase Krishna pakshe aadhya

prathamaayam* shubha thidou Soumya vaasara yukthayaam

sathabishak ** nakshatra yukthaayam shubha yoga shubha karana

evam guna viseshana visisishtaayam asyaam prathamaayam shubha

thidou mithyaa theetha prayaschittartham ashtothara sahasra samkya

gayatri maha manthra japam karishye.

Start from Pravasya Rishi brahma.... followed by aayathith anuvagasya... and then chant the gaythri manthra 1008 times.

Complete with Abhivaadaye and then complete with Kayena vacha.....

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