

Rig Vedi Avani Avittam for the year 2010

Rig Vedi Avani Avittam for the year 2010*

Avani Avittam 23-8-2010(Monday)

(compiled by P.R.Ramachander)

1.Yagnopa veetha dharana manthra

(Manthra for wearing Poonal)

a.Aachamanam:Shuklaam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo partha samastha duritha kshya dwara sri paameshwara
preethyartham

Sroutha smartha vihitha sadachara nithya karmaanushtanaa
yogyatha sidhyartham brhma teja abhivrudyartham
yagnopaveetha dharanam karishye.

d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyoga

Wear Poonal one by one by reciting(poonal should be held by both
hands, the tie in the poonal being held above by the right hand
facing upwards)

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu
theja.

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting
Upaveetham bhinna thanthum jeernam kasmala dooshitham,
visrujami jale punarbrahman varcho deergayurasthu me.

h.Do aachamanam.

Summary meaning: I wear the white yagnopavitha that is
purifying , which was born along with brahma, which is capable of
increasing life .I am sure this would give glory and strength to
me.I am destroying the dirty , soiled yagnopavita .

2.Kamo karshet Japam (23-8-2010 morning)

a.Aaachamanam:Shuklaam Bharadharam.....Santhaye

b.Om Bhoo

c.Mamo partha--- Preethyartham

**Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam
thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe
aangriyugam smaramaami**

**Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth
pundari kaksham, sabahyanthara suchi , manasam vaachikam
paapam , karmanaa**

**Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya
.Sree rama Rama**

**Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,
Sri Govinda , Govinda, Govinda**

**Aadhya sri bagavatha mahaa purushasya Vishnor Agnaya ,
Pravarthamanasya , Aadhya brhmana , dweethiya parardhe,
swetha varaha kalpe, , Vaivaswatha manvanthare, ashta vimsathi
thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha
varshe , Bharatha kande, Mero dakshine parswe. Asmin
varthamane , vyavaharike prabhavaadheenam sashti
samvatsaranaam madhye , Vikruthi nama samvatsare,
Dakshinaayane, Varsha rithou, Simha mase, Krishna pakshe,
aadhya Chathurdasyam * shubha thidou, Indu vasara yukthayam,
shravana nakshatra** yukthayam, shubhayoga, shubha karana
evam guna, viseshana visishtaayam, asyam Chathurdasyam *
shubha thidou, taishyaam Chathurdasyam * adhyot sarjana
akarana praayaschithartham , samvatsara praayaschithartham,
cha ashtothara satha samkhyaa "kamo karsheth manyura
karsheth" ithi maha manthra japam karishye.**

**d.Then chant "Kamo karsheth manyura karsheth namo nama" 108
times**

**e.Afterwards perform Aachamana and say"Kama manyu upastham
karishye" , Om tat sat brahmaarpanam asthu.**

***Chathurdasi is up to 8.09 PM IST on 23/8/2010 and ** Sravana
Nakshatra is up to 6.05 PM IST on 23/8/2010 according to the
Panchanga.If in any country , you are performing the japam after
that change Chaturdasyam to Pournamyam and Sravana to
Sravishta nakshtra yukthayam.This would be for example
applicable in many parts of USA.This is also applicable to mantras
of Maha Sankalpam given below.**

Summary meaning:The Brahmin first prays God that the time of doing whatever it may be should become holy and this he is sure is achieved by prayer to God. Then he tells when he is doing this japa, for example which year, which season, which day and so on. And he says that this japa is being done as a repentance for his not performing various religious duties during the year that he ought to have performed. The main manthra is a prayer to pardon the lapses which were due to Kama (passion) krodha (anger) and lopa (avarice)

3. Maha Samkalpam

(23-8-2010 after Madhyaanikam and Brahma yagnam*)

a. Aachamanam

b. Shuklam baradharam.....

c. Om bhoo

d. Maha samkalpam

**Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth
pundari kaksham, sabahyanthara suchi , manasam vaachikam
paapam , karmanaa**

**Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya
.Sree rama Rama rama**

**Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,
Sri Govinda , Govinda, Govinda**

**Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya
, aparimithaya, sakthyya, briyamaanasya, mahaa jaloughasya
madhye,**

**paribrhamatham aneka koti brhmaandanam madhye, eka thame,
prithya aptejo vayvakaasaa ahankaradhi -mahada vyakthai-
aavaranaair- aavruthe- asmin mahathi bramanda-karandaka-
madhye aadhara sakthi –koormaa nandathi ashta diggajopari
prathishtithasya , athala-vithala-suthala-rasaathala-thalaa thala-
mahaathala-pathalakyai loka saphthakasya upari thale, punya
kruthaam nivaasabhuthe bhoor –bhuvan-suvan-mahar-janarr-
thapa-satyaakhyai loka shatkasya adho bhage mahaa nalayamana
phani raja seshasya sahasra phanaa mani mandala mandithe,
dighdanthi-shunda dhanda-uttambhithe, panchasath koti yojana
vistheerne, lokaloka –achalena valayithe lavaneshu-sura-sarpi-**

dhadhi-ksheera-udakaarnavischa parivruthe, jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhya saphtha dweepanaam madhye, Jamboo dweepe, Bharatha varshe, bharatha kande, prajaapathi kshetre dandakaaranya-chamapakaranya-vindhyaaranya-veekshaaranya-vedaaranayaadhi, aneka punya aaranyaanam Madhya pradeshe, karma bhoomou, rama –sethukedharayoo madya pradaeshe , Bhaageerathi-Gouthami-Krishna veni-Yamuna-Narmadaa-Thungabadhraa-Triveni-Malaapahaarini-kaveri- ithyadi , aaneka punya nadhi viraajithe, Indraprastha-Yamaprastha-Aavanthikaapuri-Hasthinaapuri-Ayodhyaa puri-Maayaa puri-Kasi puri-Kanchi puri-Dwarakaa aadi aneka punya puree viraajithe Sakala jagat srushta, parardha dwaya jeevana, bramana dweethiya parardhe, Pancha sathabdhou, prathame varshe, prathame mase, prathame pakshe, prathame divasae, aahni, dweethiye yame, trithiye muhurthe, swayambhuvaswarochisha-uthama-thamasa-raivatha-chakshu shakheshu, shatsu manusha atheetheshu, saphthame vaivaswathe manvanthare, aashta vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharike prabhavaadheenam sashtya samvatsaranaam madhye , Vikruthi nama samvatsare, Dakshinaayane, Varsha rithou, Simha mase, Krishna pakshe, aadhya Chatshurdasyam * shubha thidou, Indu vasara yukthayam, Sravana nakshatra yukthayam**, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam Chathurdasyam * shubha thidou, anaadhya vidhya pravarthamane asmin mahathi samsara chakre vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha janithwa kenapi punya karma viseshena idhaanimthana manushye dwijanma visesham prapthavatho mama jjanmabhyasa jjanama prabruthi ethath kshana paryantham , baalye, vayasi kaumare yowane vaardhake cha jagrath swapna sushupthya avasthamsu mano vak kaya karmendriya jnanendriya vyaparai kama-krodha-lobha-moha-madha-mathsaryaadhi sambhavithaanam iha janmani janmanthare cha jnana ajnana kruthaanam maha pathakanaam mahaa patathakanumanthratwadeenam , samapathakaanaam upapaathakaanaam malini karanaanam nindhitha dhana dhaano upa jeevanaadeenam aapathrikananaam jathi bramsa karaanam vihitha karma thyaagaaadeenam jnanadha sakruth kruthanaam ajnanatha asakruth kruthaanam sarveeshaam papaanam sadhya

aapanodhanartham

aswatha narayana sannidhou-deva brahmana sannidhou-tryaa
trimsath koti devathaa sannidhou-sri visaalakshi sametha
visweswara swami sannidhou-mahaa ganapathi sannidhou-seetha
lakshmana bharatha sathrugna-hanumt samedha sri rama
chandra swmai sannidhou-sri rukmani sathyabhama samedha sri
gopala Krishna swami sannidhou-hari hara puthra swami
sannidhou-sri lakshmi narayana swami sannidhou sraavanyaam
pournamasyaam adhyopakrama karma karishye.Thadangam
sravane pournamasi punyakale sareera shudhartam
shuddhodhaka snanam aham karishye
Athi krura maha kaya, kalpanthahanopama,
Bairavaya namasthubhyam anujnam dathu marhasi

*Chathurdasi is up to 8.09 PM IST on 23/8/2010 and ** Sravana
Nakshatra is up to 6.05 PM IST on 23/8/2010 according to the
Panchanga.If in any country , you are performing the japam after
that change Chaturdasyam to Pournamyam and Sravana to
Sravishta nakshtra yukthayam.

Summary meaning:Here again apart from locating oneself with
reference to time , one locates himself with reference to place
also.We are supposed to live in Jambu Dweepa, Bharatha Kanda
which is south of the great mountain Maha meru.Then again this
Bhasratha Kanda is blessed with many holy rivers and holy
places.Then prayer is done to God to pardon sins committed by
word, thought and deed, because this was done inspite of his
great grace which made us be born as human beings after several
wheels of birth.Also the sins performed during several ages in life
is highlighted.Some of the sins specifically mentioned are those
done while earning money without conscience, giving money to
improper people, actions which did not suit the caste we are born
in, sins due to non performance of actions which ought to have
been done and so on. We pray God and tell him that we would
take bath in holy pure water and then start the veda parayanas
which is our duty as Brahmin.

[4.Yagnopa veetha dharana manthra](#)

After bath again change poonal by reciting manthra as given in
s.No.1.Please note that now a days very rarely people take bath

after mahaa sankalpam but do prokshana snanam i.e bath by sprinkling of water on the head.

5.Kanda Rishi Tharpanam

1,Aachamanam

2,Shklaama baradharam

3.Om bhoo

4.Mamo partha samastha durida kshya dwara sri parameshwata preethyartham sravanyaam pournamaasyam adhyoyapakrama karmangam kanda rishi tharpanam karishye.

Wear poonal as garland and do tharpanam using water mixed with thil (black gingely) and akshatha

Each manthra has to be chanted thrice and tharpanam done.

1.Prajapathim kanda rishim tharpayami

2,Somam kanda rishim tharpayami

3.Agnim kanda rishim tharpayami

4.Viswaan devaan kanda rishim tharpayaami

5.Saahinkeer devatha upanishadha tharpayami

6.Yagnigeer devatha upanishadha tharpayaami

7.Vaaruneer devatha upanishadha tharpayami

8.Brhamanagum swayubhuvam tharpayaami

9.Sadasaspathim tharpayami

wear poonal in the normal fashion and then do aachamana.

Summary meaning:Tharpanam means really satisfying.By this tharpanam we satisfy the rishi(sages) of Soma(moon), Agni(fire), Viswaan devan(all gods looking after earth), etc.

5.Vedarambham

Though these are essential part of Avani avittam , I am not giving this because Vedic manthraas are very difficult to transliterate in to English and reading them wrongly would be counter productive.

6.Gaayathri japam (25-8-2010)

For Yajur, Rig and Sama Vedis

1.Aachamanam

2,Shuklaam baradharam

3.Om bhoo

4.Mamo partha samastha duritha kshya dwara sri parameshwara preethyartham Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaramaami
Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmana
Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama Shubhe Shobane muhurthe adya Brahmana dwiteeya paradhe , Swetha varaha kalpe, Vaivaswatha Manvanthare, Ashtavimsathi thame , Kali yuge, Prathame pade, Jambhu Dwipe, Bharatha Varshe, Bhartaha Kande, Mero Dakshine Parswe, Sakabdhe, Asmin Varthamane Vyavaharike, Prabhavadhi Sashti Samavathsaranaam Madhye, Vikruthi nama Samvathsare , Dakshinayane, Varsha Rithou, Simha mase Krishna pakshe aadhya prathamaayam* shubha thidou Soumya vaasara yukthayaam sathabishak ** nakshatra yukthayam shubha yoga shubha karana evam guna viseshana visisishtaayam asyaam prathamaayam shubha thidou mithyaa theetha prayaschittartham ashtothara sahasra samkya gayatri maha manthra japam karishye.

Start from Pravasya Rishi brahma.... followed by aayathith anuvagasya... and then chant the gaythri manthra 1008 times. Complete with Abhivaadaye and then complete with Kayena vacha.....

* Prathma is up to 11.02 PM IST from 6.26 AM IST of 25/8/2010 .Afterwards chande to Dwitheeyam shubha thidhou

** Shathabishak is up to 12.03 AM on 26/8/2010 IST , afterwards Poorva Proshtapada Nakshatra yukthayam .

Please compare the time when you are doing japam to IST and do corrections accordingly.

[Appendix Brahma Yagnam.](#)

1. Perform Achamanam

2. Face eastern direction and do "Shuklam baradaram...."

Followed by pranayamam "om Bhoo..."

3. Mamopartha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

4. Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime

And then chant

Om Bhooo tatsa vithurvarenyam

Om Bhuva Bhargo devasya Dheemahi

Ogum suva Dhiyo yona prachodayath

Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuva Dhiyo yona prachodayath

Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi

Dhiyo yona prachothayath

5. Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam,

hotharam Rathna Dhathamam

Om Ishe Twoje Thwa vayavasthapayavastha Devo vassavitha

prarpayathu sreshtathamaya karmame

Om Agna Aayahi veethaye grunano havyadathaye, ni hotha sadhsi
bharhishi

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu
na

After this recite if possible vedic manthras that you know like
Rudram, Chamakam etc

6. Sprinkle water round the head by reciting
Sathyam Thapa sradhayam juhomi

7. Recite three times with folded hands

Om namo brahmane namosthwagnaye nama pruthwyai nama

oshadheebhya namo vaache namo vaachaspathaye namo vishnave
bruhathe karomi.

8. Clean the hands again with water by reciting "vrushtirasi
vruschame paapmanamamruthath sathyamupaaga"

Do aachamanam

8. Chant "shuklam baradaram...."

9. Do Pranayamam, "om Bhoo..."

10. Mamopartha samastha duritha kshaya dwara sri parameshwra
preethyartham deva-rishi-pithru tharpanam karishye.

11. Touch water and clean your hands

12. Do deva tharpanam through the tip of fingers

1. Bramodaya ye deva than devaan tharpayami

2.Sarvaan devaan tharpayami

3. Sarva deva ganaan tharpayami

4.Sarva deva pathnis tharpayami

5.Sarva deva ganapathnis tharpayami

13, Do rishi tharpanam by wearing yagnopaveetha as garland and pouring out water from the liitle finger

1,Krishna dwaipayanaya ye rishaya thaan rishin tharpayami

2. Sarvaan risheen tharpayami

3.Sarva rishi ganaan tharpayami

4. Sarve rishi pathnis tharpayami

5,Sarva rishi gana pathnistharpayami

6. Prajapathim kanda rishim tharpayami

7. Somam kanda rishim tharpayami

8. Agnim kanda rishim tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

9. Viswan devan kanda rishin tharpayami

10. Samihithir devatha upanishada tharpayami

11. Yagnigir devatha upanishada tharpayami

12.Varuneer devatha upanishada tharpayami

Put the Yagnopaveetham and pour water by towards the left

13. Havyavaham tharpayami

14.Viswaan devaan kanda rishin tharpayaami

Pour water by the bottom of the palm towards self

15.Brahmanam swayambhuvam tharpayami

16.Viswan devan kandarishin tharpayami

17.Arunan kandarishin tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18.Sadasaspathim tharpayami

19.Rig vedam tharpayami

20.Yajur Vedam tharpayami

21. Sama Vedam tharpayami

22. Atharvana Vedam tharpayami

23. Ithihasa puranam tharpayami

24. Kalpam tharpayami

14.Only those who have lost their father (others go to step 15)do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1.Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

thaan pithrun tharpayami,

2. Sarvaan pithrun tharpayami

3. Sarva pithru ganan tharpayami

4. Sarva pithru pathnistharpayami

5. Sarva pithru ganapanthnistharpayami

6. oorjam vahanthi amrutham grutham paya keelaalam
parisruyatham

swadaastha tharpayatha me pithrun trupyatha, trupyatha,
trupyatha

7. Aabrahma sthambha paryantham jagat trupyathu

15. Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahmarpanamasthu

And then do aachamanam.

Brahma yagnam (sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis (sages) and Pithrus (ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

6. Gaayathri japam (25-8-2010) For Yajur, Rig and Sama Vedis

1. Aachamanam

2. Shuklaam baradharam

3. Om bhoo

4. Mamo partha samastha duritha kshya dwara sri parameshwara
preethyartham Tadeva lagnam sudhinam tadaiva, tharaa balam chandra
balam thadaiva, vidhya balam daiva balam tadaiva, Sri Lakshmi pathe
aangriyugam smaramaami

Apavithra pavithro vaa sarvaavasthaam gathopi vaa, ya smareth
pundari kaksham, sabahyanthara suchi, manasam vaachikam paapam,
karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya. Sree
rama Rama Shubhe Shobane muhurthe adya Brahmana dwiteeya
paradhe, Swetha varaha kalpe, Vaivaswatha Manvanthare,
Ashtavimsathi thame, Kali yuge, Prathame pade, Jambhu Dwipe,
Bharatha Varshe, Bhartaha Kande, Mero Dakshine Parswe, Sakabdhe,
Asmin Varthamane Vyavaharike, Prabhavadhi Sashti
Samavathsaranaam Madhye, Vikruthi nama Samvathsare,
Dakshinayane, Varsha Rithou, Simha mase Krishna pakshe aadhya

**prathamaayam* shubha thidou Soumya vaasara yukthayaam
sathabishak ** nakshatra yukthaayam shubha yoga shubha karana
evam guna viseshana visisishtaayam asyaam prathamaayam shubha
thidou mithyaa theetha prayaschittartham ashtothara sahasra samkya
gayatri maha manthra japam karishye.**

**Start from Pravasya Rishi brahma.... followed by aayathith
anuvagasya... and then chant the gaythri manthra 1008 times.
Complete with Abhivaadaye and then complete with
Kayena vacha.....**

*** Prathma is up to 11.02 PM IST from 6.26 AM IST of 25/8/2010
.Afterwards chande to Dwithheeyam shubha thidhou**

****Shathabishak is up to 12.03 AM on 26/8/2010 IST , afterwards
Poorva Proshtapada Nakshatra yukthayam .**

**Please compare the time when you are doing japam to IST and do
corrections accordingly.**